



UUUCP News

Unitarian Universalist Church of the Palouse

August
2007

PO Box 9342 420 E. 2nd Street, Moscow, ID 83843 Issue Date: August 1, 2007 Volume #58, Issue #7 Issued Monthly

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August 5, 10:00 am

The Way It's Supposed to Be: Deserve, Should, and Worth

Speaker: Melodie Rai

Celebrant: Eric Wegner

Musings on how it "ought" to be; how it is; and what we do with the space in between.

August 12, 10:00 am

Which Type Are You?

Speaker: Rev. Kayle Rice

Celebrant: Donna Bradberry

A fun look at the Enneagram, a psychospiritual tool to help one to get to know one self and others better. See article on page 6 of this newsletter. Prior to this sermon, feel free to do some research: Google "enneagram" and find a test that will help determine your type. Can you guess which type Rev. Kayle is?

August 19, 10:00 am

Why I Am a Unitarian Universalist

Speaker: Tracy Springberry, Ministerial Intern

Celebrant: Rev. Kayle Rice

During my study for ministry I have read a great deal of Unitarian and Universalist history and theology. Some days I have wondered if anyone knows what a Unitarian Universalist is. Other days I have doubted that I am one. But here I am...

August 26, 9:30 and 11:00 am *Trying to Get Home & Water Communion*

Speaker: Rev. Kayle Rice

Celebrant: Tracy Springberry, Ministerial Intern

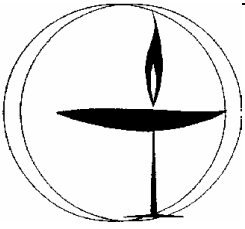
Are you at "home" here at UUUCP? What can our religious community offer those who are "...down in the valley, trying to get home"? Today is Water Communion and our first two-service Sunday of the new program year. Please bring water representing a special event or place from this past summer. **NOTE: No RE classes today!!**

New Start Date for Water Communion & Ingathering

UUUCP will return to two services beginning Sunday, August 26th (not the 19th as originally stated). As per the past we will have a 60-minute service at 9:30 a.m. and a 75-minute service at 11:00 a.m. with coffee and fellowship from 10:30 to 11:00.

Be sure to bring water you may have collected from your travels on Sunday, August 26th! We'll also have water available on the table if you so need.





From the Pastor's Pad

Learning to "travel light" is something that takes years of traveling not so light! This summer I traveled in two parts: traveling

"heavy" and traveling "light".

Part One: Road Trip. Driving down the coasts of Oregon and California the car has two suitcases (one just for the face and body of the lady), two laundry baskets full of clean clothes, a couple of camp chairs, a tabletop grill, a box of books, a box of essentials that we simply cannot live without (curling iron and clothes iron included), a couple bags filled with dirty clothes and lots of non-essentials tucked in-between. Not to mention any acquisitions purchased along the way. What did we not use? The grill, the chairs, the books, one of those baskets of clean clothes...in short about 70% of what we packed.

Part Two: Boat Trip. Three days on the ferry moosey along the Inside Passage of Alaska and nowhere to go but within the confines of the ship. I slept in the three-sided solarium on a lawn chair. On this trip I took a carry-on suitcase that can be wheeled along or used as a backpack, and which zipped on it a day pack that's easily removable for separate use. Three changes of underwear (like you needed to know that), two shirts, a pair of shorts (which turned out to be too cool to wear), a few body accouterments (no

need for great beauty in the wilds), a skirt, blouse and shoes for preaching, packets of Tide for washing, some space for touristy acquisitions. Pants, sweater and jacket pretty much stayed on me the whole time. Sleeping bag tied on. Overall it made for much lighter traveling and made the trip more enjoyable.

I think on these things because it reminds me so much of what we carry with us in our lives: non-essentials such as old hurts, fears, worries, hopelessness, guilt, arrogance, loneliness, shame, etc. I like what one person named Jef Allbright wrote: "Traveling light means moving through life owning fewer possessions, rather than possessions owning you." The same can be applied to our psychobaggage; which of the above owns you? Which of these are you wanting or willing to let go in order to "travel light"? Me, I have to keep reaching into my "case of crap" and keep digging into these things in order to lighten the load. It's an on-going process. It takes many "trips" to finally figure it out, "because if you don't travel/and extensively explore/how can you open those awaiting doors/mysteries lie waiting to be unraveled?" (Sylvia Chidi).

If you're still traveling this summer, may your travels be light-hearted!

With great love and respect,
Kayle

Fall Sneak Preview

What's in store for UUCP when fall starts up again? In addition to seeing lots of new faces in our staff there are a few things we can "tease" you with.

- Ministerial Intern Tracy Springberry will facilitate a "Building Your Own Theology" class and Rev. Kayle will facilitate a unique monthly adult ed program called "Living By Heart: A Guide to Devotional Practice." Dates to be announced later.

- Annual Picnic with the Islamic Community, Sunday, September 2nd (see page 8).

- September services will focus around the theme of "Monotheism Month", the most exciting being guest speaker Edina Lekovic of the Muslim Public Affairs Council, Washington, D.C. on September 9.

- Newcomer Luncheon following the second service on Sunday, September 23rd, hosted by the Membership Committee, to welcome all new folks who have attended UUCP since last spring.

- Mark September 30th on your calendar to honor

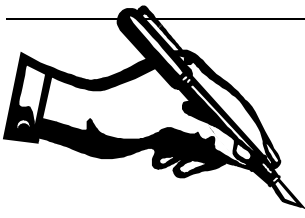
UUCP's elders with a special Elder Tea that afternoon at the 1912 Center.

- October 6 – We will have our first joint "chiefs" meeting, aka "com-com": all committee chairs will meet to share what's happening on our committees. This new process will help facilitate better communication about what's happening in the life of the UUCP community.

- October 13 – We will have a half-day "New UU" class for those interested in learning more (or just wanting to explore) about joining UUCP. We will be receiving new members during the service on Sunday, October 14; this will be followed by a New Member Welcome Party hosted by the Membership Committee.

Small Group Ministry, Friday evening Evensong (formerly called Vespers) and other "usual" activities will be back in gear as well.

Of course, more information on all these activities will be forthcoming. Stay tuned!



From the President ~ Living on the Cusp

Good News, Bad News

It is good to be reminded occasionally that being president of our congregation entitles one to no small share of brickbats. One came my way recently from a parishioner who felt I should be ridden out of town on a rail for a recent decision made by the board. The fact that others had praised that same decision didn't soften the blow very much.

It made me wonder, briefly, about the covenant we have with each other; the unspoken agreement we make when we join the congregation to mutually support each other in our individual quest for religious understanding and meaning. In a congregation where there are probably almost as many different views on life and the possibility of afterlife as there are members, our covenant has to be very flexible.

If the tie that binds was rigid, it might break every time there was serious disagreement about some issue in our church. And it wouldn't take too many such breaks before we became so splintered as to not be a cohesive community. And that would be a darn shame.

Instead, we see the wisdom inherent in being flexible, in recognizing that disagreements, even serious ones, will occur with some regularity because we are human. And being human, we have the mental wherewithal to recognize that, for all the things on which we disagree, we have much in common and are stronger together than alone.

As to the "news," whether it is good or bad depends on one's perspective; the "news" is that there

won't be a President's column in next month's (that is to say, September's) newsletter. The reason is simple: I leave U.S. soil on August 1 and won't return until September 15.

I may pay a temporary visit to the U.S. sometime in August if I revisit the military cemetery that stands above Omaha Beach. It's a place I find incredibly moving; I am always overwhelmed and moved to tears by the acres and acres of white granite crosses or Stars of David. This is hallowed soil, donated to the U.S. by the French so its fallen sons can rest on American soil.

I may also visit the German military cemetery adjacent to Utah Beach. The crosses there are black, and largely symbolic. There are few crosses for the hundreds or thousands who lie beneath the soil. It is also very moving; grief for our fallen loved ones is universal.

And strange as it may seem, at neither place am I likely to think about writing a column for the September newsletter.

What I may think about, when I calm myself, is whether I am suitably prepared for my fifth and final marathon, to be run in the Médoc region of France (near Bordeaux) in early September. I have few doubts about my physical preparedness; what I'm worried about is whether I can drink enough wine to get through all the water/wine stops along the way. It will severely task my capacity for running while inebriated.

Ah, the price of fame. Au revoir.

John Pool

Kayle's August Office Hours

- ★ Wednesday, August 1
9 a.m. to 12 noon
- ★ Wednesday, August 8
9 a.m. to 12 noon
- ★ Tuesday, August 14
9 a.m. to 12 noon
- ★ Beginning August 21st—regular weekly office hours on Tuesdays, Wednesdays and Thursdays from 11 a.m. to 2 p.m.
- ★ Other times by appointment.

Evensong begins August 24th

Beginning Friday, August 24 and each Friday thereafter from 5:30 p.m. to 6:00 p.m. we will host Evensong (formerly known as Vespers) in the UUCP sanctuary.

Based on last year's successful vespers, we will continue to gather for music, chanting, meditation, silence and sharing. It's a wonderful way to "decompress" coming out of a busy week or gearing up for a busy weekend.

Music or chanting will be playing beginning at 5:15 p.m. and folks are invited to just come in and find a seat in the circle. The chalice or a candle will be lit precisely at 5:30 and our 30-minute sacred time will begin.

Even if you're late, please come. All are welcomed. All are cherished. (A post-Evensong wine-n-cheese gathering in the foyer will kick off the year on August 24th.)

A Note From Our Music Director



Hello!

I hope the summer has been one of rejuvenation and enjoyment for all of you. As of this writing, I'm getting ready to participate in the Washington Choral Director's Association conference at the University of Puget Sound in Tacoma. The guest clinician, Z. Randall Stroop, is a wonderful composer, arranger, and conductor who is on the faculty at Rowan University in New Jersey. His choral music is performed all over the world and I hope to find a couple of his compositions for our choir. Sadly, I will not be attending UUMN, which exactly coincides with a dear friend's wedding. However, I plan to go next year when it will be held in Boston. The UUMN will be celebrating its 25th anniversary at that time.

I have a couple of exciting developments to report. The first is that Jonathan Mann, an Associate Professor in U of I's music department, will be our new UUCP pianist. He recently completed his doctorate at the Cincinnati College-Conservatory of Music and is equally adept in both classical and jazz styles of playing. I look forward to introducing him to the choir and congregation.

The second is that the choir has voted to sing at the first service, twice a month. For the second service on "Choir Sundays", I am instituting a new hymn-leader program, which many of my UUMN colleagues have utilized with great success. Since we have so many wonderful singers in our church, I want to give all of them a solo opportunity; leading congregational hymn singing and providing the Call to Worship. I will be contacting several of you when I get back in town. However, please feel free to email me directly (clweiss@juno.com) if you would like to be part of this new program.

Since Water Communion will be held on August 26, the first choir meeting will be on August 23. It will be a meeting, rather than a formal rehearsal. We'll discuss the upcoming church year, start developing the choir rehearsal/performance schedule, meet Jonathan, and go over the choir covenant. If you have any other agenda items to discuss, that will be the time. Just email me and let me know so I can add your items to the schedule.

Finally, thank you to all the musicians who provided music during the summer services. Special thanks to Heather Nelson for putting together the small vocal ensembles and to Greg Smith for providing so much of the service piano music.

See you at the end of the month.

Cheryl Weiss, Music Director

In the Family

Welcome to the UUCP's newest members, Steve & Ana Dodgen!

Congratulations to: Janice Willard, who has finished writing her book; Eric Nilsson and Janice Willard, who recently celebrated their 20th anniversary; Trish Gardner, who has completed the first draft of her thesis; and Sandra Haarsager, on being a Stage 4 survivor.

Hold in your thoughts: Tom Hess, who fell down a flight of stairs in Italy and has both legs in casts; Harriet Dodgen, as she recovers from being hit by a car in mid-June; Katrina Berman, who is gravely ill but improving; Donal Wilkin-son's mother, whose dear friend and companion has passed away; Michael Irvin's mother, who is recovering from a serious cardiac event, and his brother, who is battling esophageal cancer; Lynn Cantrell, who has lost a dear relative; Marilyn Nordquist, who has been hospitalized; and Tina Broderson's father-in-law, who is having medical issues.

*Please notify the Office,
uuchurch@moscow.com or 882-4328,
of any family news to be included in this section.*



Committee Chairs!

All Committee Chairs are requested to submit their 2008 budget requests to Steve Cooke, Chair of the Finance Committee, by email at scc@turbonet.com sometime during the first week in August (*by August 7 at the latest*). Thank you!!

Meet Our New DRE!

Our new DRE, Janet Lee Guthrie-Granja currently hails from Santa Cruz CA, but she has lived previously in Moscow and she and her husband are very excited about returning here.

Janet has extensive teaching experience, including at Renaissance Public Charter School here in Moscow. She also owns sheep, goats (and other animals?) and she is excited about working her interests in weaving and the fiber arts into the UUCP RE curriculum. She has over the years frequented UU churches here in Moscow, in Wenatchee, and also Santa Cruz, has a passion for UU values, and looks forward to helping raise children in a community with these values. The search committee was very pleased to chose her from two excellent candidates. Janet will begin her duties in mid-August.



Social Action News



The Social Action Committee will be meeting on Tuesday August 14th in the Yellow House at 7:00 pm.

Our first order of business will be planning for our second annual

UUCP-Muslim Community Picnic, which will take place on Sunday September 2 at East City Park. We'll also talk about new projects for the coming year, including an Iraq film festival, and getting more involved in fighting hunger on the Palouse.

There will be a meeting of the (anti) climate change group at One World Café on Tuesday August 21st at 5:30. One project we'll be discussing is free bikes for Moscow. Come to the meeting, or speak with Von Walden and Tina Hilding if you'd like to learn more.

Fall 2007 Yellow House Offerings

Elementary Grades: Unitarian Universalists' search for truth and meaning leads us down many paths, including exploring the world's great religions. This fall we will be finding what speaks to us among all the great teachers, books and beliefs.

Our Whole Lives: Our trained leaders this year will be Sherry Caisley, John Dahl and Joseph Erhard-Hudson. More than 'just the facts', OWL promotes open communication between parents and children and presents sexuality as an integral piece of our human spirituality. This group will begin in September and become a closed group (no new members will be admitted).

Jr. High Open Group: For all those 7-9 not participating in Owl, we will have an open group that will focus on both Neighboring Faiths and Popcorn Theology. Neighboring Faiths utilizes visits to other churches so our youth can learn what speaks to them in worship and faith. Popcorn Theology uses fun and popular movies to explore UUism and personal beliefs.

Our first Sunday in the Yellow House will be September 2, the Sunday after our annual Water Communion ingathering.

Religious Education

Volunteers Needed

Everyone has a gift to share with our most precious resource: our children. No matter how much or how little time you have there is a place for you! From teaching this fall session to volunteering to make snack, provide snack, be a guest speaker, or just be present, there are countless ways to give to our children.

Contact the Director of Religious Education for more information at uucp-dre@moscow.com or (208) 882-4328.



Food First!



Thank you to all the children, their families and members of the UUCP for bringing non-perishable food to church on Sundays to help replenish the food stores of our local food banks. Thank you for your ongoing support providing emergency food in our community.

Internally Yours--From Tracy Springberry

I feel blessed to be coming to the UUCP to serve as your ministerial intern. I have appreciated the vitality of your congregation I have witnessed in your newsletters and in the members I have met, so I am honored to be included in your community.

By way of introduction: I live in Spokane with my partner Lisa and my three sons. I have been studying for the ministry for nearly six years. I attend Meadville-Lombard Theological School in Chicago through their Modified Residency Program. This is a program for people who are bound to a particular place, but want to learn at a Unitarian Universalist seminary. Each year I study for classes in the fall and then fly back to Chicago for the month of January to meet with teachers and classmates. I spend February and March writing final papers. I have taken additional classes on-line, completed a mini-internship at the UU Church of Spokane (my home church), and interned as a chaplain.

My ministerial passions are worship and preaching, pastoral care, intergenerational community, theology, and helping people use their gifts to improve world.

I believe the purpose of our lives is to appreciate the blessings of this world and then to return those blessings. My hope for our time together is that we shall bless each other.

What Is the Enneagram?

Don Riso has defined the Enneagram as "a geometric figure that delineates the nine basic personality types of human nature and their complex interrelationships." While the Enneagram suggests that there are nine basic personality types of human nature, there are, of course, many subtypes and variations within the nine fundamental categories. Nevertheless, the assertion of Enneagram theory is that these nine adequately map out the territory of "personality types."

The Enneagram is also a symbol that maps out the ways in which the nine types are related to each other. This is the aspect of the Enneagram most people are familiar with because it offers them a framework for understanding themselves and everyone they deal with. As a psychospiritual typology, the Enneagram helps people to recognize and understand an overall pattern in human behavior. External behaviors, underlying attitudes, one's characteristic sense of self, conscious and unconscious motivations, emotional reactions, defense mechanisms, object relations, what we pay attention to, our spiritual potentials--and much more—are all parts of a complex pattern that forms each personality type. Therapists, business counselors, human resource directors, and spiritual seekers from around the world are all finding the Enneagram to be immensely useful for self-understanding and personal growth.

Always remember however, that the Enneagram does not put you in a box--it shows you the box you are in and the way out! (From: www.enneagraminstitute.com)

Starr King Seminary for the Laity

Starr King is launching its Seminary for the Laity program this fall and will be offering the following courses:

Systems Thinking for UU Laity (14 weeks, starting 9-4) This course is designed to promote understanding among Unitarian Universalist lay leaders of how organizations operate on the systems level. "Systems thinking" is a methodology linking understandings of how individuals, dyads, small groups and large groups of people interact with the structure, policies, practices, and culture of an organization.

Working with Transition and Change (7 weeks, starting 9-4) The world we live in presents constant change at an ever-increasing rate, and those who lead faith communities, congregations and non-profit organizations are faced with the necessity of working effectively with transition and change. This

course will present methods of change management, guidance on self-management, information on how groups respond to transition, and case studies for analysis.

Unitarian Universalist History for Lay Leaders I (Chronologies) (7 weeks, starting 10-29). This course is a survey of Unitarian Universalist history from the sixteenth century to the present. Earl Morse Wilbur identified three fundamental premises within Unitarianism as freedom, reason, and tolerance. In addition to these, Universalism incorporates the concepts of universal salvation, and the human desire for the good. Both movements evolve from multi-stranded histories of dissent within European and North American Christianities. *Applications are due by August 1.*

Contact admissions@sksm.edu, or call 510-845-6232, ext. 125, for more information.

August 2007

YHM Yellow House, Main Floor
 YHB — Yellow House, Basement
 YH2 — Yellow House, Second Floor
 CS — Church Sanctuary
 CB — Church Basement

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 10:00 am Service 6:30 pm Pagan Soul, CS 6:30 pm Youth Group, YHB	6 7:30 pm PPQ, CB	7 Deadline for Committee Chairs to submit 2008 budgets	8 1 5:30 pm First Annual Pastor's Hot Dog Roast, Ghormley Park	9 2 12:00 Retirees' Luncheon, Best Western Appaloosa Rm.	10 3	11 4
12 10:00 am Service 6:30 pm Youth Group, YHB	13 730 pm PPQ, CB	14 7:00 pm Social Action Committee Mtg, YH	15 15	16 16	17 17	18 8:00-2:00 NVC Benefit Yard Sale, UUCP patio
19 10:00 am Service 6:30 pm Youth Group, YHB	20 7:30 pm PPQ, CB	21 5:30 pm Anti-Climate Change group mtg, One World Cafe 7:15 pm Board Meeting, YHM	22 22	23 23 7:00 pm Choir, CS	24 24 5:30 pm Evensong	25 25
26 9:30 & 11:00 am Service Water Communion 6:30 pm Youth Group, YHB	27 7:30 pm PPQ, CB	28 28	29 29	30 30 7:00 pm Choir, CS	31 31 5:30 pm Evensong	

Dates to Remember



- Mondays:** PPQ, 7:30 pm, CB
Thursdays: Choir, 7:00 pm, CS (begins Aug. 23)
Fridays: Evensong, 5:30 pm, CS
Sundays: YoYouth, 11:00 am, YHB
 Youth Group, 6:30 pm, CB

- Wednesday August 1** Pastor's Hotdog Roast, 5:30 pm at Ghormley Park (p. 8)
Thursday August 2 UU Retirees' Luncheon, 12:00 noon, University Inn Best Western (p. 8)
Sunday August 5 Pagan Soul, 6:30 pm, CS
Tuesday August 7 Deadline for Committee Chairs to submit 2008 budget requests to Steve Cooke (p. 4)
Tuesday August 14 Social Action Committee Meeting, 7:00 pm, YH (p. 5)
Saturday August 18 NVC Benefit Yard & Bake Sale, 8:00-2:00, UUCP (p. 9)
Tuesday August 21 Board Meeting, 7:15 pm YHM
Tuesday August 21 Anti-Climate Change group meeting, 5:30 pm, One World Café (p. 5)
Thursday August 23 Choir rehearsals begin, 7:00 pm, CS (p. 4)
Friday August 24 Evensong (formerly Vespers) begins, and continues every Friday at 5:30 (p. 3)
Sunday August 26 Water Communion & return to two services at 9:30 & 11:00
Sunday September 2 Annual UUCP-Muslim Community Picnic (p. _____)

First Annual Pastor's Hotdog Roast

Join Kayle and Brian in celebrating a full year here on the Palouse on Wednesday, August 1, as well as meet our incoming ministerial intern Tracy Springberry and her partner Lisa. All are invited to come to Ghormley Park circa 5:30 p.m. Kayle and Brian will provide hotdogs and buns and condiments. YOU bring a dish to pass, tableware, and your own beverages. If you wish to have a non-meat (or other-meat) alternative for the grill please bring this also. In case of rain, we'll gather in the church basement.

Ghormley Park is located on 3rd Street and Home, past the campus police station and behind West Park Elementary School.



UU Retirees Luncheon

The retirees will meet for lunch in the Appaloosa Room at the Best Western at 12:00 noon on **Thursday, August 2.**

All are welcome!

UUCP—Muslim Community Picnic

Our second annual **UUCP-Muslim Community Picnic** will take place on **Sunday September 2 at East City Park.** The festivities will begin shortly after second service (at about 12:30). Beverages will be provided.

Like last year, UUCP members will bring main dishes and salads (all dishes should be prepared without pork, wine-based salad dressings or alcohol) and members of the Muslim community will bring desserts. Bring lawn chairs if you would like comfortable seating.

If you can help plan, set up or organize this event, please come to the Social Action Committee meeting August 14th at 7:00 p.m. or contact Peggy Jenkins.

Last year's picnic was the highlight of the social action season for many of us, and we'd like to make this one even better.



August Birthdays

Forest DePhelps
 Zoe Pallen-Richards
 Diane Norton
 Michael Taylor
 Riley Tinney
 Elise Wilson-Leedy



UUCP Staff Information

Rev. Kayle Rice, Minister

Home Study: 208-883-3205

Email: minister@palouseuu.org

Office Hours: see box on p. 3

Summer Stevens

Administrative Secretary

Phone: 208-882-4328

Email: uuchurch@moscow.com

Office Hours: Tuesday & Thursday, 12:00-3:30

PPQ News



This month's report will be a short one, due to the plethora of activities in the summer that compete for even the most diligent quilter's time and attention. Some people even claim it's too hot to quilt! However, a small but dedicated group has been meeting every Monday all summer, making progress on hand quilting the raffle quilt. As of this writing, we have completed quilting all of the plates and are on the last feathered wreath, but received a setback last spring when we made a decision to add more quilting - a frame of stitches around each square to even out the batting and make the quilt lie flatter. The quilting is simple, but there is a lot of it. If you are interested in learning to hand quilt, now is a good time, and your company would be ever-so-welcome. The quilt is looking really good.

AND we have finished Louise Regelin's butterfly T shirt quilt! It also looks great, and, just like all of our other projects, ended up taking far longer than we had anticipated. We presented the quilt a couple of Mondays ago, and Louise was pleased.

We had a nice visit from Kate Beasley, past member of the PPQ and also of UUCP, and current RE director of the UU church in Durham, North Carolina. We caught up on what Kate and her children were doing, and she got all the latest gossip from the Palouse. We love having people come back and visit.

We are intending to have a family PPQ potluck dinner some time before the start of the fall church season, if we can ever get enough of us together at the same time. It's fun to swap stories of travels and adventures and sample the wonderful garden produce in August. Some of that garden produce also shows up on Monday nights as edible door prizes. You never do know what you might find.



Compassionate Communication Classes Starting This Fall

Imagine greater connection with your loved ones.
Imagine increased passion for life.

Imagine a way to truly forgive and be free of that burden of pain.

Imagine knowing you have the power to create peace with every interaction you have--at home, at work, and in the world.

In Compassionate (Nonviolent) Communication we listen for the human universal needs inherent in all communication in order to foster the respect, understanding and connection that makes it possible to see the inherent worth and dignity of all human beings. From this stance, we can find ways to meet everyone's needs—with our selves, our children, spouses, bosses, or between warring nations.

FREE Community Introduction September 7th, 7-9pm, UUCP Sanctuary. Come find out why 20,000 people per year world-wide learn this empowering way of peace. Bring your family and your friends!

12-week basic class, starting Thursday, September 13th, at the United Church of Moscow, corner of First and Jackson. Call Veronica Lassen to enroll: 882-2562. *Donation of \$150 requested. Two texts required.

10-week parenting class, starting Monday, September 17th, at the Community Action Partnership in Moscow. Call Debbie Grieb to enroll: 882-3460. *Donation of \$150 requested (spouses/partners are half price). One text required.

*No one will be turned away for lack of funds.
Call us to work out a fee based on everyone's needs.

Benefit Yard and Bake Sale August 18, 8am-2pm, at UUCP

Help support families growing in their ability to create peace by attending NVC Family Camp, Educator's Institute, and other out-of-town NVC trainings.

Drop off items to donate or baked goods on Friday the 17th, 3-7pm, church basement, or call Veronica Lassen to arrange a pick-up: 882-2562.

Proceeds go to the Compassionate Communication Network of the Palouse for disbursement.



Book Discussion Group

The Book Discussion Group is still on summer vacation for August. However, you can get a head start on next month's book, *The Solitude of the Open Sea* by fellow UUCP member Greg Smith.

From Amazon.com: In the nineteen-nineties, approaching the age of forty, Gregory Newell Smith gave up his career as a Seattle corporate lawyer, sold most everything he owned, bought an ocean-going sailboat, and set out to see the world. After logging more than 45,000 blue water miles, and circling the globe aboard his Fast Passage 39, *Atlantean*, Smith returned to the Northwest to write a book about his travels. It's a dream many of us have had, and few have followed through on.

"I wanted to write about what it was really like to be out there," Smith said when I spoke to him recently about his newly published book *The Solitude of the Open Sea*. "Extended travel is a life changing event, but it didn't make sense to tell readers everything I did in the three and half years I was underway." Smith's solution was to craft a collection of seventeen stories from his journeys, each of them drawing upon a particular experience in order to address the themes of his book, which he describes as "broadening our horizons beyond the known and commonplace, freeing ourselves from cultural self-centeredness, and achieving self-discovery through perseverance, hardship, and solitude."

Smith begins with the title essay, an account of his fifty-three day solo passage from Panama to Hawaii. Though Smith rarely traveled alone—he used pick-up crew for nearly all of his ocean passages, and the Hawaii passage actually takes place near the end of his journey—it's a good place for the reader to start, because Smith's perspective throughout the book is very much that of the lone traveler confronting a "world of strange customs . . . and people who don't look like us or speak our language." Almost all of Smith's stories address his experiences ashore (only three of them are set exclusively at sea), and they do not appear in chronological order, which may frustrate those readers looking for the typical "went there and did this" account. For this reason, I would say *The Solitude of the Open Sea* is more a collection of travel narratives than sailing stories, though I imagine it will be the armchair sailors who will be initially drawn to the title.

Smith is a careful observer, and his descriptions of the traveling life ring true. There are highs and lows, ranging from the idyllic joys of exploring the "jeweled anchorages" of Tonga's Vava'u Group, to the depressing

realities of Madagascar's descent into poverty and environmental devastation. But Smith rarely gives way to the easy cynicism of some travel writers who call our attention to the fact that the South Seas are hardly the paradise many of us would like to believe. He points out that exploring the world by sailboat gives the cruiser a unique advantage—the boat is home, a refuge for those times when life on foreign shores becomes too much to face on a daily basis.

It's Smith's voice that impressed me from the outset and kept me reading. I never forgot that the author was a real person, willing to admit when he was terrified (climbing the mast to replace a broken halyard in the midst of a five-day gale) or lonely (overcome by nostalgic memories during night watch on the Indian Ocean). I appreciate that kind of honesty in a writer, but I was most surprised by Smith's lyrical prose, such as when he refers to Joseph Campbell's "rapture of life" upon hearing a lone bagpiper's sunset skirl on New Zealand's Great Barrier Island. Clearly this man cares about what's happening around him, and is unafraid to listen to his soul.

One of the back cover reviews says, "This book will make the reader want to get out there and do it." I agree, but at age seventy, and with a "busted gut" (a hernia, in the parlance of the tars that inhabit the mess deck in Patrick O'Brian's Master and Commander series), my most ambitious sailing days are probably behind me. At least with books like *The Solitude of the Open Sea*, readers like me can be there in our imaginations, as Smith puts it, "spending this precious gift we call life finding out how much the world has to offer, over the horizon and not so very far away."

We will be discussing this book on Wednesday evening, September 26. Greg will join us for the discussion.

The UUCP book group is open to everyone who enjoys reading books and discussing them. To receive notices of meetings and reviews of books or if you would like a ride to the discussion, email mham-ilto@vetmed.wsu.edu or call 882-0443.

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UUCP Library News

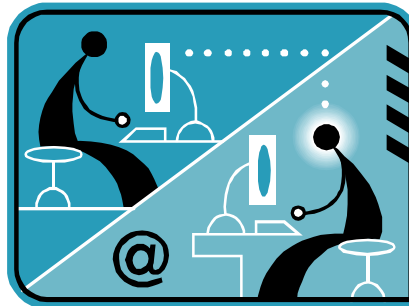


Thanks to all who have donated books to the library over the last few months. Here are the recent books added to the library. These books can be found on the "New Arrivals" shelf on the main floor of the Yellow House.

All Her Paths Are Peace - Women Pioneers In Peacemaking, by Michael Henderson;
Answers, by Mother Meera;
Care of the Soul : A Guide for Cultivating Depth and Sacredness in Everyday Life, by Thomas Moore;
Crossing the unknown sea : work as a pilgrimage of identity, by David Whyte;
Druids: Their Origins and History, by Lewis Spence;
How to make the world a better place : 116 ways you can make a difference, by Jeffrey Hollender;
Living in the light : a guide to personal and planetary transformation, by Shakti Gawain;
Socrates café : a fresh taste of philosophy, by Phillips, Christopher;
The Art of Blessing the Day: Poems with a Jewish Theme, by Marge Piercy;
The Essene Gospel of peace: the Third Century Aramaic manuscript and old Slavonic texts, Book one, by Edmond Bordeaux Szekely;
The Life of Lidian Jackson Emerson, by Ellen Tucker Emerson;
The miracle of fasting, by Paul C. Bragg;
The teachings of the Essenes from Enoch to the Dead Sea scrolls, by Edmond Bordeaux Szekely;
The Way of the Initiate, by Roy E. Davis;
Waging Peace: The Art of War for the Antiwar Movement, by Scott Ritter;
What's the Matter with Kansas? How Conservatives Won the Heart of America, by Thomas Frank.

UUCP Web Group News

Steve Dodgen began his volunteer position of Unitarian Universalist Church of the Palouse Web Master on June 1, 2007, although due to family emergencies it was only in late July that he was able to begin work. Former website maintainer Petr Kuzmic will continue to offer specialized technical advice as needed. Also participating in the UUCP Web Group are Jill Maxwell, who is interested in all aspects of maintaining the website, and Brian Leekley, whose focus is the website's text content.



The Web Group welcomes additional participants. We are especially in need of someone with the time and interest to volunteer for the ongoing tasks of asking UUCPers for UUCP-related photographs (digital or scanable) and of putting a selection of those photographs in the photo gallery on the church website, organized by event or topic. We have a template to make the latter task easy and routine. This is a responsibility that, while not of urgent importance, would enhance the website, would help the congregation's light shine, and would enliven its members' sense of community. Time involved can be as little as half hour per week,

or even less, or more, as you choose. Also needed are "reporters" on the various UUCP committees, activities groups, governing bodies, and so on to tell the UUCP Web Group about information that needs to be added, removed, or changed in the website. For the most part, whoever sends reports to the newsletter editor should

send the same text to the Web Group.

And if you are into website and web page design or coding, we welcome your help, whether ongoing or occasional.

The Web Group is continuing little by little to bring the UUCP website up to date. Have a look!

To volunteer to participate in the Web Group, whether very occasionally or very actively or in between, or to send us helpful suggestions regarding www.palouseuu.org, please contact the UUCP Web Master or any Web Group participant via the church office. We're also each listed in the printed UUCP Directory.

Brian Leekley for the UUCP Web Group
<http://www.palouseuu.org>

UUCP

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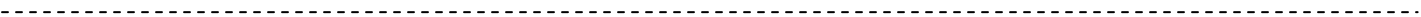
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Office email: uuchurch@moscow.com
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