



# UUUCP News

Unitarian Universalist Church of the Palouse

September  
2007

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**September 2, 9:30 & 11:00 am** *UU 101: A Romp Through UU History*  
**Speaker:** Rev. Kayle Rice **Celebrant:** Janice Willard  
 This is the short, short version of UU thought, theology and history.

**September 9, 9:30 & 11:00 am** *The Role of Women in Islam*  
**Speaker:** Ms. Edina Lekovic **Celebrant:** Marissa Gibler  
 Focus will be on the challenges faced by Muslim women and youth from the value-conflicts of living in both Western and Islamic societies. Today's special guest speaker, Ms. Edina Lekovic, is Communications Director of the Muslim Public Affairs Council in Los Angeles, CA. Ms. Lekovic is in Moscow to help the Pullman Islamic Center celebrate their 25th anniversary.

**September 16, 9:30 & 11:00 am** *Lost from the Book of Life*  
**Speaker:** Rev. Kayle Rice **Celebrant:** Michael Irvin  
 Observing the sacredness of the 10 days between Rosh Hashanah and Yom Kippur.

**September 23, 9:30 & 11:00 am** *Living the 7th Principle: Earth-based Spirituality*  
**Speakers:** Members of Pagan Soul **Celebrant:** Rev. Kayle Rice  
 Our congregation has a group called Pagan Soul. For us, pagan simply means earth-based spirituality. "Mother Nature" is one of the names of our spiritual focus. Come to learn more!

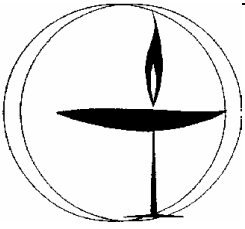
**September 30, 9:30 & 11:00 am** *Age in Action*  
**Speaker:** Rev. Kayle Rice **Celebrant:** David Cole  
 A look at our society's values of aging. Also join us today as we celebrate our UUUCP elders at a special tea at the 1912 Center from 2 to 4 p.m.

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## September 7 Public Lecture at WSU by UUUCP's September 9 Speaker

Our speaker for the September 9 services, Ms. Edina Lekovic, will be giving a public lecture on Friday, September 7, at Washington State University. The title of her talk that day is: "Muslim Women: The Challenge of Islamic Identity Today."

Ms. Lekovic is National Communications Director for the Muslim Public Affairs Council in Los Angeles, CA. The lecture will take place in WSU CUE room 419, from 5:00 pm to 6:30 pm, and is free to the public.



## From the Pastor's Pad

Oh gosh, it was all so peaceful, so idyllic....when suddenly the last week of August I found myself braking, slowing down, becoming more alert. Traffic's increased three-fold. Ah yes, the students are back. The universities have started yet another school year and life is in full swing.

Thinking about the university population as the lifeblood of our local economy has me thinking about our lively, vibrant congregation and what religious needs we can help to fill. Unlike the "typical" UU congregation of mostly mid-life and older folks, UUCP has a wide span of the generations. I seem to remember that last year there were over 100 children on the RE rolls, including our strong senior high youth group. And hasn't it felt like more young adults are visiting and checking us out? And of course we have the strong foundation of our congregation's humble beginning and early growing years: our elders.

As a person who's never had children and who sometimes get stuck in my Baby Boomer generational box, it's important to me when others remind me that there is rich ministry to be done among the youngsters and the elders. I'm thrilled that we will be honoring our octogenarians (plus one nonagenarian!) at a special tea on September 30. Their stories will be recorded, shared and will eventually be stored in our church archives. Be sure and join us for this fun celebration of our "UUCPs Treasures."

Strengthening the ministry to our young adults, ages 18 through 35, is crucial to the survival of our institutional future and thereby memory. It is impor-

tant that UUCP nurture our young adults because the unique concerns and pressures of the lives of young adults make a supportive faith community particularly important. This includes both social gatherings and ritual opportunities. So to that end, all young adults are invited to attend a Young Adult Potluck immediately following the second service on Sunday, October 7 in the church basement.

Spiritual sustenance and community support from cradle to grave. In the UUA we call this Lifespan Faith Development. *"People have many needs—intellectual, physical, emotional, spiritual—but the faith community must keep uppermost in its mind the religious gifts that are no other institution's primary responsibility or intent. The potential for meaning making is so great, and our time together so short, that we must constantly ask ourselves, What religious needs can we serve...? Helping people develop spiritually and act religiously is our unique responsibility. Facilitating this religious growth and learning is what we as liberal religious educators can uniquely offer. Together, making meaning of life and living a life of meaning constitute the there we must make sure is there."* (Judith A. Frediani, from *The Essex Conversations*)

Through our many lifespan ministries may we continue to grow and support a strong liberal religious presence in our Palouse communities.

With great love and respect,  
Kayle

## Living By Heart

Join Rev. Kayle for a 12-month devotional practice, "Living By Heart". This program was developed by the Rev. Laurel Hallman based on her conversations with the late Rev. Harry Scholefield who once told her: "If you don't have a devotional life, you will dry up and blow away."



The classes are held monthly and designed to help shape and develop thoughtful lives, practicing a variety of spiritual techniques particularly using poetry and wisdom literature. Registration is limited to 10 participants and there is a fee of \$10.00 for workbooks. We will meet in the Yellow House Basement. We will begin with an introductory meeting on Tuesday, September 11<sup>th</sup> at 7 p.m. and thereafter meet monthly the fourth Tuesday of the month at 7 p.m., beginning September 25<sup>th</sup>. Some dates may vary due to holidays, etc. To register, please contact the church office at 882-4328 or uuchurch@moscow.com.

## Best Western Pantry Receipts

Please remember to save your Best Western Pantry Receipts. We have received over \$415 so far this year!

You may turn them in at the Church Office, the collection plate, or mail to Sue Allard. Remember it is the cash register receipt not your credit card copy that works.

A thanks to Best Western whenever you dine there is nice too.



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## Tracy's Musings—from Tracy Springberry, Intern Minister

In early August, I went to Ferry Beach, a Unitarian Universalist camp on the coast of Maine, to take a class in theology from Thandeka, a UU theologian.

One of the deep pleasures of my seminary education has been the discovery of theology. At one time theology meant the “study of God.” Now, at least in liberal religion, it means the study of what is most meaningful and valuable. It is an incredibly interdisciplinary area of study. The best theologians try to take what we know from all sorts of fields and then figure out the nature of human beings and the universe and what that might mean religiously and ethically. Albert Einstein said, “All religions, arts and sciences are branches of the same tree...” It’s the theologians who are trying to figure out the nature of the tree. In theology classes, I’ve read a dense text on the evolutionary biology of emotional response, a legal treatise on human rights, classical philosophers and theologians, and an economics book. Probably the most profound influence on my theology has been *A Short History of Nearly Everything* by Bill Bryson, which is a delightful overview of what we know scientifically about the earth and universe.

At Ferry Beach we contemplated how human be-

ings experience the world by studying classical philosophers and theologians and modern neuroscientists. We then transferred this understanding to how human beings understand the world religiously. Did you know that music actually changes the neurochemicals in our brains and scientists tentatively think that music evolved from sounds that enhanced social bonding? In an experiment with baby chicks scientists discovered that music reduced separation distress the same way that injection of particular neurochemicals did. Thus our class, among other things, considered the way music could help us feel the world religiously.

Theology has helped me clarify what I believe about issues such as “what transforms people when they cannot transform ourselves” and “what is the nature of human moral agency”. Finding answers to these sorts of questions has helped me live more compassionately and deeply.

Unitarian Universalist get to write their own theologies. It’s one of the gifts of our tradition. Contemplating theology can be a lot of work, but I have found the effort worth it. I will be offering the class *Building Your Own Theology* this fall, and hope many of you will join me.

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## New Member Biography—Ana and Steve Dodgen

Ana Dodgen is focused on the heavens. As an astronomer, she knew all about the Perseid Meteor Shower that put on a show in the night sky in mid-August as if it were the Fourth of July. She said she counted about twenty, including several super-bright shooting stars as the tiny meteors hit the earth’s atmosphere at a high rate of speed and left streaks in the sky as they burned up. This occurs every year as the orbit of the old comet, Swift Tuttle, and the earth’s orbit intersect.

Ana is working part time giving planetarium shows and will teach an astronomy class this semester at WSU. Her other interests are reading, hiking and travel. She and her family recently traveled to Victoria, B. C. and she loved the Butchart Gardens and the Cascade Mountains. She grew up in Mexico City, and she and her husband, Steve Dodgen, met during graduate school in Boulder, Colorado.

She and Steve live in Pullman with their sixteen year-old daughter Tanya, who is a senior at Pullman High School, their eleven year-old son, Adam, who is

in seventh grade at the Middle School, their small dog, Sheila, and two cockatiels.

Steve, a physicist, works as a civil engineer at Schweitzer Engineering in Pullman. In his spare time he enjoys reading and inventing programs and graphics on the computer.

The family settled here about two years ago after living in several places, mostly in California, but it was like coming home for Steve. He grew up in Pullman as the son of Harold and Harriet Dodgen, long time UUCP members, and attended the UU Church when it was in Pullman.

Ana, who was raised Catholic, was introduced to Unitarian Universalism through Steve and the couple participated in a wonderful UU fellowship in Waco, Texas, previously. Ana especially liked that church’s policy of having the children and adults share joys and concerns together.

Pat Peek



Members, friends and family of the UUCP, you are invited to the  
**UUCP ELDER-TREASURES CELEBRATION**

**Sunday, SEPTEMBER 30<sup>th</sup>, 2-4pm, at the 1912 Center Great Room**

In honor of our esteemed UUCP Elders – a distinguished group among us who are at least 80 years old- we invite you to join with us in celebration with cake and conversation.

Please come to honor this remarkable group of UUCP members and friends. Several have been involved with the UUCP since our church's earliest beginnings in the mid-40's, before the UUCP was called a church, when members met in one another's homes in Pullman. Others sustained the Fellowship through turbulent times such as the divisive Vietnam War years. Some worked with our Liberal Religious Youth during the transforming civil rights and social justice era of the 60's. Others are those members and friends who were involved in the church when it hired its first minister in 1978, and purchased the Moscow Senior Center (the former Swedish Lutheran Church) in 1985, transforming it into the beautiful church we know today. In recent years there are elders who have come to Moscow from other parts of the country to retire here, and to be closer to adult children and their families. Each has their unique story to tell.

We welcome you to come together to meet and join in celebration, cake and conversation with our honored members and each other to learn more about each others' lives.

*For Child Care (Provided at the Church) Contact Caitlin Cole, 883-3959 or [roofdog@verizon.net](mailto:roofdog@verizon.net).*

**To facilitate planning, RSVPs are suggested, but not required. Please RSVP to Caitlyn Cole, 883-3959 or [roofdog@verizon.net](mailto:roofdog@verizon.net).**

### **Compassionate Communication Classes Starting This Fall**

In Compassionate (Nonviolent) Communication we listen for the human universal needs inherent in all communication in order to foster the respect, understanding and connection that makes it possible to see the inherent worth and dignity of all human beings. From this stance, we can find ways to meet everyone's needs—with our selves, our children, spouses, bosses, or between warring nations.

FREE Community Introduction September 7<sup>th</sup>, 7-9pm, UUCP Sanctuary. Come find out why 20,000 people per year world-wide learn this empowering way of peace. Bring your family and your friends!

**12-week basic class**, starting Thursday, September 13<sup>th</sup>, at the United Church of Moscow, corner of First and Jackson. Call Veronica Lassen to enroll: 882-2562. \*Donation of \$150 requested. Two texts required.

**10-week parenting class**, starting Monday, September 17<sup>th</sup>, at the Community Action Partnership in Moscow. Call Debbie Grieb to enroll: 882-3460. \*Donation of \$150 requested (spouses/partners are half price). One text required.

\*No one will be turned away for lack of funds. Call us to work out a fee based on everyone's needs.

### **In the Family**

Congratulations to: Karen & Michael Jennings, who recently celebrated the 19th anniversary of their wedding.

Hold in your thoughts: Tom Salsbury's mother, who is recovering from hip replacement surgery; Katrina Berman, who is ill but continuing to progress; Jenny Rod's mother, who has been undergoing diagnostic tests; Ken Faunce, whose brother has died; Jamie Nekich, whose grandfather recently died; Harriet Dodgen, who is still recovering from an accident; Janet Guthrie-Granja's husband, who is recovering from a strained back; Nicole Weiss, whose friend Paul died suddenly last month; Leanne Wood, who continues to have concerns about her foster son's future; Betty Smith's niece, who was born with Down's Syndrome and is home now; Dave Perillo, whose father passed away earlier this summer; Brian Leekley, whose nephew has died in a motorcycle accident; and Imelda & Lilly Daley, who lost Grandma Pearl and their dog this summer.

*Please notify the Office,  
[uuchurch@moscow.com](mailto:uuchurch@moscow.com) or 882-4328,  
of any family news to be included in this section.*



## A Note From Our Music Director

Hello to all of you - I hope the transition into the school year routine has been relatively easy for everyone. The instant

population growth at both Universities is an immediate reminder that summer is OVER!!

The choir is getting back into rehearsal/presentation mode. An order for more choral music has been placed and I look forward to its arrival any day now. The new music stands are also en route, which should bring smiles to the Recorder Choir's faces.

If anyone is interested in either leading hymns at services or presenting a Call to Worship or Meditation piece, please do not hesitate to contact me. Email is best: clweiss@juno.com. As a church, we are truly fortunate to have so many talented members of all ages.

Rev. Kayle and I have discussed the idea of using "silent applause" during the church services this year. Although I like to applaud performers (AND to receive it when performing myself!), I also appreciate that doing so can disrupt the "flow" of a service; some people find it disturbing to their worship process. There are discussions from time to time on the UUMN listserv about the pros and cons of clapping during services. The compromise seems to be to applaud silently - rapidly tapping the fingers on the thumb of each hand. That way, the performers/choir receive congregational feedback immediately, but without audible disruption to the service itself. I look forward to trying to incorporate this new technique.

My great appreciation to all of you for your time, talent, and support.

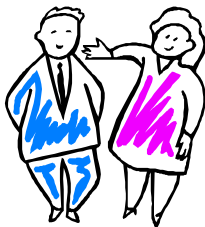
Cheryl Weiss, Music Director

## Our New Sexton, Gabe Baker!!

We welcome to our new staff faces, Gabe Baker, to the position of Sexton. Gabe began his duties the week this newsletter was being compiled and already the church is sparkling! This is fantastic, especially since Gabe has a full-time day job with Latah County and has a young family.

Remember, if you have a request for the sexton, please fill out an orange form found in the black box on the shelf in the foyer.

Welcome, Gabe!



## UUCP Library News



You are invited to the UU Library Lunch Hour in the Yellow House every Wednesday from Noon to 1 p.m. Bring a bag lunch if you wish. Take some time to relax and to peek inside one book after another -- a "book tasting," if you will. Talk about what you've been reading lately, or try out our online library catalog. One of us from the Library Group will be there.

In addition to the above time, you can visit the library from 10:30 a.m. to 2:30 p.m. Monday through Thursday. See Summer in the Church office for access.

Here are the newest additions to the library, located on the "new arrivals" shelf:

- *The Great Soul Trial* by John Grant Fuller
- *Global Mind Change* by Willis W. Harman
- *Satan: The Early Christian Tradition* by Jeffrey Burton Russell

• *Summer for the Gods: The Scopes Trial and America's Continuing Debate over Science and Religion* by Edward J. Larson

• *The Artist's Way : A Spiritual Path to Higher Creativity* by Julia Cameron

and the agenda and program from this summer's UUA General Assembly.

Happy Reading,

The Library Group

## Food First!

Thank you to members of the congregation for bringing non-perishable food items on Sundays to replenish the Moscow Food Bank's food stores. Emergency food continues to be needed in the Moscow area. According to the local food bank coordinator Linda Nichols, up to 500 individuals visited the Moscow Food Bank each month this summer to pick up emergency food. Demand for food typically increases dramatically in June, and continues through September.

The Moscow Food Bank needs volunteer support on Tuesday afternoons, 2-4pm, to assist with stocking. Junior High and High School youth are welcome to assist. Contact Linda Nichols, 883-3580, for more information.



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## RE News

As your new DRE, I am thrilled to have embarked on this new path with the UUCP, and would like to thank the warm welcome I have received from the congregation. Thank you to everybody who has been helping me “learn the ropes”, and a special thanks to Karen Faunce for her aid in leading me through the complex inner and outer workings of RE. My office hours will be Tuesday, Wednesday, and Thursday from 1:00-5:00 p.m. Feel free to drop by for a chat and some tea, and let’s see what we can come up with to offer the children of the RE Program.

After Water Communion Sunday, we held the Fall Teacher Orientation, and I believe we have an exceptional group of volunteers signed up to teach this



semester. I am very excited to be working with all of them, and I know your children will be in good hands. We still have a couple of spots left, so if you want an opportunity to share your talents with the congregations’ children, and become part of some great teaching teams, drop by the Church or contact me to sign up.

Our first Sunday in the Yellow House will be September 2, which will be a Multi-Age class. The regular age-grouped classes will begin on the following September 9. I look forward to meeting all of you, and especially to working with your children.

Janet Granja

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### Fall 2007 at the Yellow House

**Elementary Grades:** The Fall elementary curriculum should provide exciting opportunities for children to visit other faiths, as we journey throughout the globe with *World Religions*. This semester, we will be dividing the 9:30 session into three age groupings of Pre-Kindergarten (must be at least age 4) and Kindergarten; First, Second and Third grades; and Fourth, Fifth and Sixth grades. For safety reasons, we are limiting the 9:30 class size to ten children for grades 1/2/3 and 4/5/6, and eight children for the *PreK-K* classes. **These classes usually fill up fast, so it is important to register your child(ren) as soon as you can to assure them a space.**

I will be teaching the 11:00 session myself, in a multiage setting-- preK to sixth grade. Although I will be using the same *World Religions* curriculum, we will be doing some slightly different activities that I think will be fun for all, and involve some “fiber” components as we weave our way through other faiths.

**Jr. High Open Group:** We still hope to offer *Neighboring Faiths/Popcorn Theology* classes at the 9:30 session, but a critical class size must be reached before we can hold the class. Further news will follow as registration proceeds.

**OWL UPDATE**—The leaders of the OWL curriculum will be meeting the first week of September to map out the schedule and Parent Orientation dates. Information to parents of prospective OWL participants will follow shortly after by mail.



### CONNECTivity

Young Adult Fall Con 2007  
October 12th through 14th

West Hills UU Fellowship, Portland, OR

Contact Kristy at [hoguek@u.washington.edu](mailto:hoguek@u.washington.edu)  
to get Connected!

Registrations forms available at [www.pnwd.org](http://www.pnwd.org).

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### Religious Education Volunteers Needed

Everyone has a gift to share with our most precious resource: our children. No matter how much or how little time you have there is a place for you!

From teaching this fall session to volunteering to make snack, provide snack, be a guest speaker, or just be present, there are countless ways to give to our children.

Contact the Director of Religious Education for more information: [uucp-dre@palouseuu.org](mailto:uucp-dre@palouseuu.org), (208) 882-4328.



# September 2007

YHM Yellow House, Main Floor  
 YHB — Yellow House, Basement  
 YH2 — Yellow House, Second Floor  
 CS — Church Sanctuary  
 CB — Church Basement

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
<b>2</b> <b>9:30 &amp; 11:00 am Service</b> 12:30 pm UUCP-Muslim Community Picnic, East City Park 6:30 pm Pagan Soul, CS	<b>3</b> 7:30 pm PPQ, CB	<b>4</b> 5:30 pm Bicycle Subcomm. of the (Anti) Climate Change Subcomm. mtg. One World Cafe 7:30 pm, Sunday Services Comm. mtg. CB	<b>5</b> 12:00 noon Lunch at the Library, YHM	<b>6</b> 12:00 Retirees' Luncheon, Best Western Appaloosa Rm 7:00 pm Choir, CS	<b>7</b> 7:00 Intro to Compassionate Communication, CS 5:30 pm Evensong, CS	<b>8</b>
<b>9</b> <b>9:30 &amp; 11:00 am Service</b> 6:30 pm Youth Group, YHB	<b>10</b> 7:30 pm PPQ, CB	<b>11</b> 7:00 Living By Heart intro mtg, YHB 7:00 Social Action Comm mtg, YHM	<b>12</b> 12:00 noon Lunch at the Library, YHM 7:00 Building Your Own Theology, YHM 7:00 Socrates Cafe, Moscow Jack in the Box	<b>13</b> 7:00 pm Choir, CS	<b>14</b> 5:30 pm Evensong, CS	<b>15</b>
<b>16</b> <b>9:30 &amp; 11:00 am Service</b> 6:30 pm Youth Group, YHB	<b>17</b> 7:30 pm PPQ, CB	<b>18</b> 7:15 pm Board Meeting, YHM	<b>19</b> 12:00 noon Lunch at the Library, YHM 7:00 Building Your Own Theology, YHM	<b>20</b> 7:00 pm Choir, CS	<b>21</b> 5:30 pm Evensong, CS	<b>22</b>
<b>23</b> <b>9:30 &amp; 11:00 am Service</b> 12:15 Newcomer's Lunch, CB 6:30 pm Youth Group, YHB	<b>24</b> 7:30 pm PPQ, CB	<b>25</b> 7:00 Living By Heart, YHB	<b>26</b> 12:00 noon Lunch at the Library, YHM 7:00 Building Your Own Theology, YHM 7:00 Socrates Cafe, Moscow Jack in	<b>27</b> 7:00 pm Choir, CS	<b>28</b> 5:30 pm Evensong, CS 6:30 Introduction to Qigong, CS	<b>29</b>
<b>30</b> <b>9:30 &amp; 11:00 am Service</b> 2:00 pm Elder-Treasures Tea, 1912 Center						

## Dates to Remember



- Mondays:** PPQ, 7:30 pm, CB
- Wednesdays:** Lunch at the Library, 12:00, YHM
- Thursdays:** Choir, 7:00 pm, CS
- Fridays:** Evensong, 5:30 pm, CS
- Sundays:** Youth Group, 6:30 pm, CB
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- Sunday September 2** Pagan Soul, 6:30 pm, CS
- Sunday September 2** Annual UUCP-Muslim Community Picnic, 12:30 pm East City Park (p. 12)
- Tuesday September 4** Bicycle Subcommittee of the (Anti) Climate Change Subcommittee meeting, 5:30 pm, One World Café (p. 10)
- Tuesday September 4** Sunday Services Comm. Meeting, 7:30 pm, CB
- Thursday September 6** UU Retirees' Luncheon, 12:00 noon, University Inn Best Western (p. 8)
- Tuesday September 11** Living By Heart introductory meeting, 7:00 pm YHB (p. 2)
- Tuesday September 11** Social Action Committee Meeting, 7:00, YHM (p. 10)
- Wednesday September 12** Building Your Own Theology class begins, 7:00 pm YHM (p. 9)
- Wednesday September 12** Socrates Café meets, 7:00 pm, Moscow Jack in the Box
- Tuesday September 18** Board Meeting, 7:15 pm YHM
- Wednesday September 19** Building Your Own Theology, 7:00 pm YHM (p. 9)
- Sunday September 23** Newcomers' Lunch, 12:15, CB (p. 9)
- Tuesday September 25** Living By Heart regular meetings begin, 7:00 pm YHB (p. 2)
- Wednesday September 26** Building Your Own Theology, 7:00 pm YHM (p. 9)
- Wednesday September 26** Socrates Café meets, 7:00 pm, Moscow Jack in the Box
- Friday September 28** Introduction to Qigong, 6:30 pm, CS (p. 9)
- Sunday September 30** Elder-Treasures Celebration, 2:00 pm, 1912 Center (p. 4)
- Sunday October 7** Young Adult Potluck, 12:30 pm, CB (p. 9)
- Saturday October 13** Path to Membership class, 9:30 am, CB (p. 9)
- Sunday October 14** New Member Recognition (p. 9)
- Thursday October 25** SAC Feed of Dreams, 6:00, CB (p. 10)



## UU Retirees Luncheon

The retirees will meet for lunch in the Appaloosa Room at the Best Western at 12:00 noon on **Thursday, September 6.**

*All are welcome!*

## New SSC Meeting Dates

Starting with its meeting on Tuesday September 4, the Sunday Services Committee will meet on the first Tuesday of each month, at 7:30 in the Church Basement.

## September Birthdays



<b>Katie Barnes</b>	<b>Benjamin</b>
<b>Abbey Gilliland-King</b>	<b>McMurtry</b>
<b>Laura Hannon</b>	<b>Bryn Ohlgren-Evans</b>
<b>Mikaela Hannon</b>	<b>Katie Roche</b>
<b>Lisa LaPaglia</b>	<b>Lara Roche</b>
<b>Patrick Old</b>	<b>Alden Wegner</b>

## UUCP Staff Information

### Rev. Kayle Rice, Minister

*Home Study:* 208-883-3205

*Email:* minister@palouseuu.org

*Office Hours:* Tuesday—Thursday 11:00-2:00

### Tracy Springberry, Intern Minister

*Phone:* 509-263-0592

*Email:* tracyspringberry@comcast.net

*Office Hours:* most Wednesdays, call first

### Janet Guthrie-Granja, Director of Religious Education

*Phone:* 208-882-4328

*Email:* uucp-dre@moscow.com

*Office Hours:* Tuesday—Thursday, 1:00-5:00

### Summer Stevens, Administrative Secretary

*Phone:* 208-882-4328

*Email:* uuchurch@moscow.com

*Office Hours:* Monday—Thursday, 10:30-2:30

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## Building Your Own Theology

Building Your Own Theology, a curriculum written by a UU minister, will be offered in nine Wednesday evening sessions from 7:00 to 8:30. The first session will be held September 12. Tracy Springberry, Intern Minister, will lead the class.

Theology is the study of what is most meaningful and value and always people to ponder ultimate concerns and commitments. Unitarian Universalists are given the incredible gift of being able to develop their own theology. This class will give participants the time and tools to do this important work.

The class will be limited to 15, so please contact the church office at 882-4328 or [uuchurch@moscow.com](mailto:uuchurch@moscow.com) to register.



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## Newcomers Lunch September 23

If you are new to the Unitarian Universalist Church of the Palouse and haven't yet attended a newcomer lunch, please join Rev. Kayle Rice and a few members of the congregation for lunch on Sunday, September 23 at 12:15, after the 2<sup>nd</sup> service in the church basement.

Besides a free lunch, you'll get to meet other newcomers and ask questions about our UUCP and Unitarian Universalism. There's never any pressure or obligation to join - just information, lunch and socializing to help you decide if you want to become a part of us. Child care is provided. Please RSVP to Joan Webb at 883-3861.

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## Introduction to Qigong

Qigong (or Chi Kung) is a general term that covers a wide variety of Chinese energy cultivation exercises. Most qigong practices integrate physical postures, breathing techniques and focused intention and are focused on cultivating the mind, body and spirit. Some of the qigong forms have been practiced in China for over 2000 years as a tool for spiritual growth and health promotion.

Lauri McKean and Meggan Baumgartner have studied and are certified to teach various qigong forms. Join them on September 28 at 6:30pm (after Evensong) at the church sanctuary for a one hour introduction to qigong. This time will include some experiential learning as well as a discussion of whether or not qigong practice might be incorporated into the UUCP's programming.

For more information please call or email 208-669-2287 or [info@healingpt.com](mailto:info@healingpt.com).

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## Young Adult Potluck October 7

There will be a Young Adult Potluck in the church basement after the 2nd service (12:30 p.m.) on Sunday, October 7, for anyone ages 18-35.

At this gathering we will explore ways to minister to the unique needs of young adults, including potential family worship times, social justice projects, and just plain fun times together. Bring a side dish to share... pizza, both vegetarian and meat, will be the main course. Child care will be available. For more information, see Rev. Kayle.

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## Thinking About Joining UUCP?

Have you been attending services for a reasonable amount of time and feel that UUCP is your religious home? Or perhaps you are curious about UUCP and want to know more. Or maybe you don't feel ready to join yet, but would you like to meet some fellow searchers. Join us for a special "Path to Membership" class, Saturday, October 13 from 9:30 a.m. to 1 p.m. Child care will be available and refreshments and brunch will be served.

The course will be facilitated by Rev. Kayle. Please register by calling the church office at 882-4328 or emailing [uuchurch@moscow.com](mailto:uuchurch@moscow.com). Also feel free to visit with Kayle about membership and UUCP.

Your participation in the class does not obligate you to join our church.

On Sunday, October 14 we will have a special New Member Recognition ceremony. That afternoon there will also be a party honoring new members who have joined in the past year at the home of Joan and Bill Webb from 4 to 6 p.m. More info will follow.

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## Save the Date:

### Sunday November 4!

The 2008 UUCP Pledge Drive will start November 4 - with a stewardship sermon by Rev. Kayle at both services followed by brunch at the homes of various UUCP-ers to discuss this year's budget and our dreams for the church. Stay tuned...



## Social Action News

The Social Action Committee met after a summer break on August 14<sup>th</sup>. Everyone was full of new ideas.

Our first event will be the **UUCP-Muslim picnic at East**

**City Park on September 2.** Set up will begin around 11:00 and festivities will start after the second service, at about 12:30. We hope to see everyone there. Last year's event was fun, relaxing and horizon-expanding. We're hoping for more of the same this year!

We are also working on two projects for October.

There will be an **Iraq film festival taking place at the Kenworthy Theater October 10<sup>th</sup> - 17<sup>th</sup>.** The films to be shown are *Gunner Palace*, *Iraq in Fragments*, and *No End In Sight*. The Social Action Committee is a supporter of the event and has been involved in the planning of the event since last Spring. SAC members will soon be selling "pledges" for the event: these will allow you to get tickets for the shows in advance and also to make a donation to support the festival and several organizations helping Iraq veterans. There is more information available on the Social Action Committee web site.

The SAC will be hosting a **Feed of Dreams on Thursday October 25 at 6:00 pm.** The theme will be "Backyard Harvest" and will feature dishes from UUCP member's backyard gardens. If you have a dish

to share, please contact Peggy Jenkins or Mary Jo Hamilton. We'd like to stimulate conversation at the event about hunger issues in our region, which will be a big focus for the SAC this year. The proceeds from the event will go to Backyard Harvest.

The SAC has a new spin-off: the **Bicycle Subcommittee of the (Anti) Climate Change Subcommittee.** (We are definitely in the market for a catchy acronym, if anyone is good at that sort of thing). This group met for the first time August 21<sup>st</sup>. Its focus is on increasing bicycle use in Moscow Pullman. We've considering big ideas (like leaving bicycles all over town so that people can use them) and smaller ones (like making sure area stores provide bike racks for their customers). Our first activity is preparing a survey to find out what sort of barriers keep people from using their bikes, and what it would take to get them to ride more. **Our next meeting will be at One World Café at 5:30 on September 4<sup>th</sup>.** Everyone is welcome. For more information contact Nancy Nelson or Tina Hilding.

**The next Social Action Committee meeting will be September 11<sup>th</sup> at 7:00** in the YH Main. (We try to stick to a Second-Tuesday schedule.) We'd love to see you if you are interested in any of the above projects, or if you have new ideas. We are particularly interested in projects dealing with hunger, and projects in the Pullman community.

### To Small Group or Not to Small Group?

To small group or not to small group? Do you want to know what people at UUCP REALLY think about a variety of important topics...things like friendship, trust, the road not taken, money? Well, maybe small group ministry is for you. And, if you're already participating in a small group maybe you want to stay there and maybe you'd like to try a new group. This fall is the time.

Small group ministry is a regular, usually bi-monthly, meeting of 7-9 people from the UUCP community, who meet with a facilitator to discuss pre-selected topics. Last fall we had about 7 small groups meeting in various locations and on different days and evenings. One group, that meets on Monday evening, has decided to follow just one topic for this next year – Simplicity. Most groups choose their topics each week.

Applications are available in the church foyer, and more information about small groups is available from Rev. Keyle, Laurie Gardes, or Janice Boughton. The applications can be turned in to the church office or given to any of those people. Give SGM some thought, and see if it's something you might want in your life.

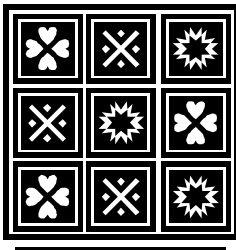
### UUCP Mah Jongg Group

Have you ever thought about playing Mah Jongg? The UU group plays strictly for fun, and we're always willing to teach a beginner.



This ancient Chinese game is characterized by attractive playing tiles and very arcane scoring rules. It's sort of a cross between Legos and rummy. We generally play on the first Sunday evening of the month and always welcome new players. We have had a summer hiatus, but will be starting up again in October.

For more information, call Mary Jo Hamilton at 882-0443 or email [mhamilto@vetmed.wsu.edu](mailto:mhamilto@vetmed.wsu.edu).



## Purple Paisley Quilters (PPQ) News

August was more eventful than the rest of the summer in the PPQ world. Louise Regelin came and collected her T shirt quilt. It was a much-

photographed event, and a good time was had by all, especially Louise. Work continues on the raffle quilt. The main quilting items are done - all of the flowers, and the feathered wreaths are done, but there is still a lot of framing quilting to do. As I said last month, this is good stuff to learn to hand quilt on, so if you have an interest, come on by any Monday evening and we will teach you, and be glad of your company.

We had a few visitors this month, and they all came on the same night. Todd Smith, Margaret Dibble's Mom, came without Margaret, who was busy elsewhere, and had a good time doing some hand quilting and also working on knitting a sock. She ended up visiting in Moscow after a long and sad plane travel story, and we are glad she did, although perhaps she is not glad. She is purchasing some ready-to-spin alpaca fiber from Judy LaLonde and her brother. She intends to spin the yarn and make a sweater. A very ambitious project, and we wish her well with it.

The same evening Marg Raunio came, bringing with her Quilter Extraordinaire Marta Robertson and Marg's granddaughter, Sarah. Sarah is an artist who has just finished school, with an emphasis on blown glass. She has been living in Seattle and working for Dale Chihuly, and has decided to move to Moscow.

She is setting up an artist's studio in Marg's basement. Although her main interest is in blown glass, she enjoys many different artistic pursuits, including quilting. We hope she comes back to PPQ, and brings her grandmother with her.

Marta is moving at the end of August to an apartment in Good Samaritan, following the lead of several other friends who have recently made the move. We wish her well and hope she finds a way to keep involved in quilting and the church.

Condolences to Mary George on the loss of her mother, who passed away in August. She was 91 and living in a nursing home in Wisconsin. Mary, her sister, and her daughter Ginger all were able to spend some time with her mom in the few days before she died, and Mary says it was a good time to say good bye and have some good memories of time together.

The PPQ held its annual summer potluck on Thursday, August 16 at the Hamiltons'. It was well attended and a very pleasant affair. A highlight of the evening was a bowl of sangria made by Nancy Wright and Rita Styer. It was good to see Rita again. She is living out in suburban Potlatch, working for the WSU Theater Department, and thoroughly enjoying life. We are planning a PPQ sleepover some night soon out at Rita's place in the country.

We are all mourning the end of summer, but fall will have its own rewards, probably manifesting in large amounts of produce being brought to PPQ on Mondays. Come by and check it out.

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### Help Us Stay in Touch... With Ourselves and Others!!

I attended a wonderful workshop yesterday (August 19<sup>th</sup>) led by Tandi Rogers-Koerger from the UU district office. One of the many interesting and important issues that we discussed was communications and how we need to be more intentional about communicating amongst ourselves and others as we grow in size as a congregation.

So here's your chance to contribute your gift of gab, your writing skills, and all of those other important things we do to stay in touch. The nominating committee will be seeking just that right person to fill the position of chair of the communications committee. And, we are looking for you to join with us in swelling the ranks of the committee itself! So, if you are interested in helping with this important work, please let me know of your interest. And, please join me in thanking Kathy Barnard for her wonderful leadership of the communications committee this past year!

Michael Kyte, mkyte@uidaho.edu

### Evensong

"Evensong", every Friday, just one half hour, from 5:30 to 6pm in the sanctuary, is a time and place for you to come and refresh your soul. Walk right in and a seat will be waiting for you, (or bring your mat). We have easy chants or sing familiar songs, have spiritual readings, silent and guided meditations, and generally learn how to release the tensions of the week and our lives.

All are welcome! Call Donna Bradberry or Rev. Kayle for more information.



## Book Discussion Group

Our book for discussion in September is *The Solitude of the Open Sea* by Greg Smith. See last month's newsletter for a review of this book. The discussion of this book will be on Wednesday, September 26, 7:30 in the church basement. Greg, who is a member of our congregation, will be there to discuss the book and to show a short slide show relating to the book. All are welcome.

Our book for October will be *Animal, Vegetable, Miracle* by Barbara Kingsolver. From Amazon.com:

Michael Pollan is the crack investigator and graceful narrator of the ecology of local food and the toxic logic of industrial agriculture. Now he has a peer. Novelist Kingsolver recounts a year spent eating home-grown food and, if not that, local. Accomplished gardeners, the Kingsolver clan grow a large garden in southern Appalachia and spend summers "putting food by," as the classic kitchen title goes. They make pickles, chutney and mozzarella; they jar tomatoes, braid garlic and stuff turkey sausage. Nine-year-old Lily runs a heritage poultry business, selling eggs and meat. What they don't raise (lamb, beef, apples) comes from local farms. Come winter, they feast on root crops and canned goods, menus slouching toward asparagus. Along the way, the Kingsolver family, having given up industrial meat years before, abandons its vegetarian ways and discovers the pleasures of conscientious carnivory.

This field—local food and sustainable agriculture—is crowded with books in increasingly predictable flavors: the earnest manual, diary of an epicure, the environmental battle cry, the accidental gardener. *Animal, Vegetable, Miracle* is all of these, and much

smarter. Kingsolver takes the genre to a new literary level; a well-paced narrative and the apparent ease of the beautiful prose makes the pages fly. Her tale is both classy and disarming, substantive and entertaining, earnest and funny. Kingsolver is a moralist ("the conspicuous consumption of limited resources has yet to be accepted widely as a spiritual error, or even bad manners"), but more often wry than pious. Another hazard of the genre is snobbery. You won't find it here. Seldom do paeans to heirloom tomatoes (which I grew up selling at farmers' markets) include equal respect for outstanding modern hybrids like Early Girl. Kingsolver has the ear of a journalist and the accuracy of a naturalist. She makes short, neat work of complex topics: what's risky about the vegan diet, why animals belong on ecologically sound farms, why bitterness in lettuce is good. Kingsolver's clue to help greenhorns remember what's in season is the best I've seen. You trace the harvest by botanical development, from buds to fruits to roots.

Kingsolver is not the first to note our national "eating disorder" and the injuries industrial agriculture wreaks, yet this practical vision of how we might eat instead is as fresh as just-picked sweet corn. The narrative is peppered with useful sidebars on industrial agriculture and ecology (by husband Steven Hopp) and recipes (by daughter Camille), as if to show that local food—in the growing, buying, cooking, eating and the telling—demands teamwork.

The UUCP book group is open to everyone who enjoys reading books and discussing them. To receive notices of meetings and reviews of books, or if you would like a ride to the discussion, call or email Mary Jo Hamilton, 882-0443 or mhamilto@vetmed.wsu.edu.



## UUCP—Muslim Community Picnic

Our second annual **UUCP-Muslim Community Picnic** will take place on **Sunday September 2 at East City Park**. The festivities will begin shortly after second service (at about 12:30). Beverages will be provided.

Like last year, UUCP members will bring main dishes and salads (all dishes should be prepared without pork, wine-based salad dressings or alcohol) and members of the Muslim community will bring desserts. Bring lawn chairs if you would like comfortable seating.

If you can help plan, set up or organize this event, please come to the Social Action Committee meeting August 14<sup>th</sup> at 7:00 p.m. or contact Peggy Jenkins.

Last year's picnic was the highlight of the social action season for many of us, and we'd like to make this one even better.

## Socrates Cafe

Socrates Cafe meets every 2nd and 4th Wednesday from 7 to 9pm in the meeting room at Moscow Jack In The Box restaurant. Meetings are open to all, require no preparation, there are no dues, and no purchase is necessary—civility is the only requirement. Each meeting is complete in itself, so attend often, sometimes, or seldom, as suits your time and level of interest.

At each meeting we democratically choose a question to discuss, and then we play Socrates. The book *Socrates Cafe* by Phillips describes the concept; see also [www.philosopher.org](http://www.philosopher.org).

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## JCC-L Needs Your Help

Dear Community Members,

We need your help. Juveniles that are released from Juvenile Corrections Center-Lewiston (JCC-L) have great obstacles to overcome in order to get their lives on the right path. Part of a successful strategy for a juvenile returning to the community is having a workable Aftercare Plan. Juvenile Aftercare Plans include many areas of the juvenile's life that will require support and resources. Up until this point, juveniles have used various means to fill in those resources on their Aftercare Plans. Many times there are missing supports in their plan due to lack of known resources. Research indicates successful reintegration is dependent upon a realistic aftercare & relapse plan. With your help we can develop the appropriate community connections that enhance our youth's success.

Most youth placed at JCC-L experience a 12-15 month Drug & Alcohol Program and are ready for release back into their community. The first few weeks back at home can be difficult when the youth doesn't know what resources are available or whom he/she might be able to turn to when experiencing moments of relapse weakness.

Juveniles that are released from commitment often feel shame, guilt and embarrassment as they return to their community. Your personal involvement in the Milestone Resource Directory will help the juvenile returning to your area. It will enable him/her to find the support within their community that is necessary for them to move past the crimes that he or she has committed and go forward with their lives.

When youth are released, the first couple of weeks are very stressful and having a strong support system that is aware of reintegration frustrations will assist in reducing the stress felt by these youth. We envision developing aftercare plans that include community resource information, contact list of person support individuals (i.e.: Youth Pastor, AA Sponsor, Job Coach School Advisor, etc...) Many of the youth released do not have an association of support people to choose from and need that network of support.

The JCC-L Milestone Resource Directory will assist our juveniles in developing a network of support to be included in their aftercare and relapse plan. This will be the first step in making juvenile releases a little smoother by having this information readily available. We have included with this letter a form to fill out with the information needed to create this directory. [Form is available in the church office.] Please fill out the form and return it to us here at JCC-Lewiston.

Those individuals interested in providing personal support will need to be able to recognize the warning signs that lead to relapse. Training will be offered in CDA and Lewiston at a later date. First we would like to compile the resource directory.

Thank you in advance for your time and assistance with creating a successful transition for the juveniles at JCC-Lewiston.

Sincerely,

Melinda Sonnen  
Drug & Alcohol Rehabilitation Specialist  
Milestone Reintegration Committee  
Juvenile Corrections Center-Lewiston  
Melinda.sonnen@idjc.idaho.gov  
Phone: (208) 799-3332 ext. 116

*If you have any questions about this program,  
please contact Melinda Sonnen directly.  
Copies of the form can be obtained from the  
UUCP office.*

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## UUCP Pagan Soul

Our Seventh Principle of Unitarian Universalism asks us to show respect for the Interdependent Web of Life of which we are a part. Nature has a lot to give us in the way of spiritual growth and inspiration, if we just open ourselves to the possibilities.

The cycles of people's lives often mirror the cycles of the seasons and the rhythms of nature, an observation that was not lost on many cultures through many ages. Our UUCP Pagan Soul group explores the intersection of nature and spirit, calling on and learning of the many traditions that use nature as the starting point for their illumination.

Our usual meeting date is the first Sunday of the month in the Church Sanctuary at 6:30 PM. We also plan gatherings around Fall and Spring Equinox and Summer and Winter Solstice. All are welcome to come to our gatherings; contact Kayle Rice for more information. We will soon be affiliated with CUUPS, the Covenant of Unitarian Universalist Pagans. More information can be found at: <http://www.cuups.org>.

**UUCP**

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**Tracy Springberry**, Intern Minister: 509-263-0592

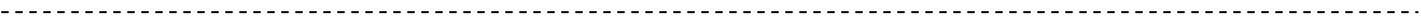
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