



# UUUCP News

Unitarian Universalist Church of the Palouse

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### February 5, 10:00 am

*The Tale of Despereaux*

**Celebrant:** Rev. Marlene Walker

This special service was purchased by Nancy Nelson at last year's service auction. The text that Nancy chose for the service is the delightful children's book "The Tale of Despereaux", a story with something to say to all of us about light and dark, heroes and hope, perfidy and soup. ***There will be a soup potluck following the service so all are invited to bring a favorite soup. We will provide the spoons.***

### February 12, 10:00 am

*The Heart Knows*

**Celebrant:** Rev. Marlene Walker

On the Sunday closest to St. Valentines Day our service theme will be how we know things with/by our hearts. How does the heart know and is the knowledge we gain through love in conflict with the knowledge we gain and through reason.

### February 19, 10:00 am

*The Spirituality of Addiction and Recovery:  
A 21st century Unitarian Universalist Response*

**Celebrant:** Rev. Alex Holt

As human beings, we enjoy our comforts and sometimes comforts become cravings. Where's the boundary between the two states and is this addiction? This morning we will explore a Buddhist perspective on how desire for mental, physical and spiritual comfort can become destructive. How might such a perspective be helpful for our message as 21st century Unitarian Universalists? **Bio:** Rev. Alex Holt is completing a two-year interim ministry in Clemson, South Carolina. He has primarily studied liberal arts with several degrees including a M.Div. from Starr King School for the Ministry as a classmate of Rev. Marlene Walker. He also was an insurance adjuster, bank manager, and university administrator before being called into ministry. He is a long time Zen Buddhist student of Chozen Bays roshi of Great Vow Zen Monastery in Oregon and continues dharma studies in the Southeast. He was until recently co-chair and a founder of the UUA Addictions Ministry Team - a national group that provides support, resources and assistance to congregations and individuals who suffer from addictions of substance or behaviors. This ministry is a part of Alex's life having himself faced the pain and trauma of alcoholism for years before he began recovery in 2003. His life partner Debra Savelle is also a long time Zen student and is working on a M.Div. in Buddhist chaplaincy at a Tibetan Buddhist college in Portland, Oregon.

### February 26, 10:00 am

*Association Sunday:  
Celebrating Excellence in Ministries*

**Celebrant:** Rev. Walker

What is excellence in ministry? How do we prepare for it and find it? Or do we grow it congregation by congregation? As you are about to move closer to calling your next settled minister it's a good time to explore just what Excellence in Ministries means.

